

PRAISE FOR *FED UP WITH FLAT FAITH*

Does your faith need a boost? Kathy Howard's *Fed Up with Flat Faith* will fire you up to find the excitement, the jazz, the wow and rich inner fulfillment that comes with a life fully surrendered to the majesty and magnificence of the God who created you. God has plans to give you that abundant life you so long for and Kathy can help you discover it.

Pam Farrel, author of over 30 books including best-selling *Men Are Like Waffles, Women Are Like Spaghetti* and *Becoming a Brave New Woman*.

I missed Kathy Howard's *flat faith* years. I've only known her *fired up*. But when we first met, *my* faith was flat! Flat like road kill; I was nearing the end of a 10-year spiritual drought. I warily watched Kathy *live* the attitudes and actions outlined in *Fed Up with Flat Faith*. And it all works. I've tested it! If you are fed up with your flat faith, like I was, let me recommend this simple but powerful book. The stories will encourage you, the biblical teaching will feed your soul, and the okay-so-here's-what-you-do wisdom will get you moving from flat faith to fired-up faith.

Connie Cavanaugh, speaker and author of *From Faking it to Finding Grace* and *Following God One Yes at a Time*

For every person who's ever headed off on some unplanned spiritual detour—or simply felt a little wimpy or directionless when it comes to the life of faith—Kathy Howard's book, *Fed Up with Flat Faith*, is just the ticket for a turn-around. Via her own endearing transparency, we're given tools to help us get to that place where we allow the Holy Spirit to work in us. We can find ourselves living the way we've always wanted to live, accomplishing the things we were meant to accomplish. From flat to totally pumped—get ready for a faith inflation!

Rhonda Rhea, humorist, radio personality, and author of 8 books including *How Many Light Bulbs does it Take to Change a Person*

Fed up with Flat Faith by Kathy Howard is a call to stop settling for less, to refuse to be satisfied with the status quo, to aspire to the fiery faith that only God can instill in us. Through the exploration of “five attitudes and five behaviors that that can prepare your heart and life for God's work,” the author gives us the tools we need to position ourselves to receive God's blessing of on-fire, three-dimensional faith that changes hearts, minds, and lives. If you've ever sensed that your faith is flat and not nearly what you'd like it to be, don't miss this powerful yet practical book.

Kathi Macias, award-winning author of nearly 40 books, including the 2011 Golden Scrolls Novel of the Year and Carol Award finalist, *Red Ink*.

Kathy Howard has written a wonderful book that will greatly help those seeking to take their faith in Christ to a higher level. “Fed Up with Flat Faith” will provide practical, biblical, and inspirational tools to get your faith moving and growing today.

Dr. Richard Blackaby, author of *The Seasons of God* and *The Inspired Leader*

When Kathy Howard talks about faith, I listen. Knowing her personally, I've seen her live out faith in real time in the middle of life's messes. Kathy's solid biblical teaching and her grounded approach to applying God's Word to life's circumstances make her one of my favorite Bible teachers.

Jennifer Kennedy Dean, Executive Director of “The Praying Life Foundation” and author of *Live a Praying Life* and *Heart's Cry*