

Endorsements for

30 Days of Hope When Caring for Aging Parents

“Kathy Howard’s *30 Days of Hope When Caring for Aging Parents* is a heartening companion for anyone from early to later stages of caregiving for parents. With tenderness, grace, and honesty, she comes alongside the caregiver with understanding and insight in these daily devotions. The questions for reflection are both practical and poignant.”

—Cynthia Ruchti, author of more than twenty books, including *As My Parents Age*

“I wish I could have had Kathy Howard’s book when I cared for two elderly women: my mother and my mother-in-law, who had Lewy body dementia. I could have benefitted from this book and not felt so alone and without support. I know *30 Days of Hope When Caring for Aging Parents* will make a significant impact on the many caring for those with dementia or being a caregiver in any way. She offers encouragement, knowledge, inspiration, and hope. I will be referring it often.”

—Kathy Collard Miller, speaker and author of many books, including *Pure-Hearted: e Blessings of Living Out God’s Glory*

“We are in the middle of the hardest life stage so far—caring for aging parents—and it is *only* by the grace and strength of God that we are able to daily rise to this most difficult honor of giving love and care to parents who can no longer care for themselves. Kathy Howard, a fellow traveler on this road of care giving, kindly, compassionately, and honestly shares practical hope and help. *30 Days of Hope When Caring for Aging Parents* connects us to the God of hope. Daily, through Kathy’s poignant and inspiring devotionals, God breathes life and light into the heart of the caregiver.”

—Pam and Bill Farrel, co-directors of Love-Wise, authors of forty-five books, including bestselling *Men Are Like Waffles, Women Are Like Spaghetti* and *Discovering Hope in the Psalms: A Creative Bible Study Experience* (coauthored by Pam Farrel, Jean E. Jones, and Karla Dornacher)

“As one who cared for my mother for twelve years, I truly appreciated reading this excellent book. I clearly remember how exhausting those caregiving times can be and how much we need a word of hope to help carry us through. *30 Days of Hope When Caring for Aging Parents* is the ideal book for such a time, with short but personal devotionals that strengthen and encourage. And, of course, each

devotional points readers to the One who is Himself the ultimate Caregiver, whose infinite love and grace sustains all who turn to Him.”

—Kathi Macias, author of more than fifty books, including *To the Moon and Back* and *A Husband's Christmas Prayer*

“Finally! A book I can recommend for caregivers and the book I wish I had while caregiving for my mother-in-law! *30 Days of Hope When Caring for Aging Parents* by Kathy Howard is a unique gift that instills hope, reminds caregivers that they're not alone, and inspires joy in the trenches of the caregiving journey. With real and relatable stories, personal reflection, prayer prompts, and Scripture that readers can cling to and be strengthened by, Kathy provides caregivers with a much-needed resource. I highly recommend *30 Days of Hope When Caring for Aging Parents* for caregivers, small groups that focus on caregivers, and to give as a gift to every caregiver you know and love.”

—Stephanie Shott, national Bible teacher, author, and president of The MOM Initiative

“Theology must connect with reality and the promises of God must find expression in the trials of life. *30 Days of Hope When Caring for Aging Parents* is a book that brings the resources of God to bear upon the painful realities of life. The reader will find great hope, divine strength, and Christ-like compassion as they assist parents on the final stretch of their journey toward home.”

—Dr. Mel Blackaby, senior pastor, First Baptist Jonesboro, GA